

HYLENEX (hyaluronidase injection)

Following post-treatment guidelines is crucial to the health of your skin and success of your results.

- Swelling, redness, pain, bruising, and tenderness are the most commonly reported reactions after treatment. This will normally resolve within 7 days.
- Use clean ice packs to reduce swelling. You can repeatedly clean your ice packs with Purell or rubbing alcohol, or even soap & water. Be sure to Purell or wash your hands first before handling ice packs. Store them in a zip lock bag in freezer so they are not touching other surfaces.
- **DO NOT TOUCH THE TREATED AREA OR APPLY MAKEUP OR ANY OTHER PRODUCTS FOR THE REST OF THE DAY FOLLOWING TREATMENT, SO BACTERIA FROM YOUR HANDS OR OTHER PRODUCTS AREN'T INTRODUCED INTO ANY NEEDLE ENTRY SITES.**
- CLEANSE THE AREA GENTLY AT BEDTIME AND RESUME NORMAL ROUTINE THE FOLLOWING MORNING
- Now is a great time to sanitize your cell phone and clean those make up brushes!
- If treated area is near hair, keep your hair pulled back off the area.
- Do not massage the area unless instructed by your nurse specialist.
- Reduce the risk of facial cold sore recurrence that could be caused by needle punctures. Talk with your healthcare professional about medications that minimize an outbreak and take as prescribed.
- Avoid exposure to intense heat (sun, sauna, hot tub, etc) until redness or swelling has subsided.
- Avoid taking aspirin, non-steroidal anti-inflammatory medications, St John's Wort, Fish Oil, or high doses of vitamin E supplements for one week after treatment. These agents may increase bruising and bleeding at the injection site.
- CONTACT US IMMEDIATELY IF YOU EXPERIENCE BRUISING **BEYOND THE INJECTION AREA**

If you have any questions regarding your treatment or these instructions, please call the office during business hours at 414-210-4073. For any after-hours concerns, please call 414-422-3105. If there is an emergency, call 911.