

## POST CARE INSTRUCTIONS

## SALT FACIAL™ SKIN RENEWAL THERAPY

It is normal for skin to appear slightly pink or red. For more aggressive settings, skin may appear slightly inflamed. Light scabbing may form in the treated area and remain for 48 to 72 hours. If an aggressive treatment was performed, scabbing can persist for up to 7-10 days.

## THE FOLLOWING INSTRUCTIONS ARE FOR "LIGHT / NO DOWNTIME" TREATMENT

- Avoid applying makeup for the rest of the day if possible
- Resume normal skincare regimen as directed by Aesthetician
- Do not use Retin-A, retinol, glycolic, or beta-hydroxy acid products of any kind for 3-5 days post treatment.

## THE FOLLOWING INSTRUCTIONS ARE FOR "MODERATE TO AGGRESSIVE" TREATMENT WITH OR WITHOUT POST TREATMENT SCABBING

- Avoid applying makeup until the next day
- AM & PM: Cleanse treated area with a gentle, non-drying cleanser and pat dry—do not rub
- Apply a light moisturizer to keep skin hydrated and comfortable
- Keep any scabbed areas <u>lightly covered</u> with an occlusive barrier gel or ointment (such as Aquaphor) to encourage healing. The thin scabs will slough off on their own in a few days.
- DO NOT PICK, PEEL, PULL OR SCRUB THE SCABS OFF. Doing so may cause permanent damage and potential scarring or discoloration in the area.
- Apply and re-apply SPF 30+ throughout the daytime. When going outdoors, wear a hat or visor, even on cloudy days.
- Do not use Retin-A, retinol, glycolic, or beta-hydroxy acid products of any kind for a minimum of 5 days post treatment.
- Resume normal skin care routine as directed by Aesthetician

If you have any questions regarding your treatment or these instructions, please call the office during business hours at 414-210-4073. For any after-hours concerns, please call 414-422-3105. If there is an emergency, call 911.