

KYBELLA

Congratulations on your Kybella treatment! Following post-treatment guidelines is crucial to the health of your skin and success of your results.

AFTER TREATMENT

- You will have mild discomfort, burning or tenderness for a few days after the anesthetic wears off from the treatment
- Swelling and mild erythema (redness) will increase for the first 1-2 days and will subside over the next 1 ½ weeks (Swelling is dependent on the treatment area size)
- Mild bruising if present will resolve over the next week
- Itching or warmth at the injection site may be present
- Numbness may be present and may take up to 30 days to completely resolve
- Area of firmness, fibrosis or induration may be present

POST CARE

- Do not massage the area
- Ice can be used for comfort but needs to be removed every 5-10 minutes
- Ibuprofen and/or Tylenol can be used for pain and Benadryl may be taken for itching
- Avoid aerobic activity for one day
- Avoid the sun while the area is red

If you have any questions regarding your treatment or these instructions, please call the office during business hours at 414-210-4073. For any after-hours concerns, please call Kathy Mortl, RN at 262-208-6218. If there is an emergency, call 911.

I acknowledge receipt of post treatment instructions.

PRINT PATIENT NAME

DATE

PATIENT SIGNATURE