

SKIN PEN MICRONEEDLING

Congratulations on your Microneedling treatment! Following post-treatment guidelines is crucial to the health of your skin and success of your results.

- Do not wash your face for 24 hours after treatment. NO EXERCISE FOR 48 HOURS.
- Do not have chemical peels, dermaplaning, microdermabrasion, or SaltFacial for 2 weeks.
- You may experience redness for 1-3 days after treatment. This is normal and will subside. Some patients also experience some flaking and peeling. This is also normal as the skin turns over.
- Discontinue use of any manual exfoliation such as washcloths or Clarisonic brushes, for 5 days after treatment or until skin returns to normal.
- For 24 hours after treatment, DO NOT use Vitamin C, Alpha-Hydroxy Acids, Retinols, chemical exfoliants, products that contain silicone (dimethicone) or any petrolatum products such as Aquaphor, Vaseline, or products with any fragrance. USE ONLY the *Skinfuse Rescue Calming Complex* provided by your aesthetician, for the next 24 hours, unless otherwise directed.
- Apply a UVA/UVB Sunblock with a minimum of SPF 50 when outdoors, even if it's cloudy. Failure to protect against sunlight and exposure to UV may cause hyperpigmentation. Refrain from direct sun exposure and tanning beds for 2 weeks. (actually, tanning beds, never!)
- Do not apply make-up for 48 hours after treatment.
- THE MICRO-CHANNELS STAY OPEN UP TO 24 HOURS...CARE MUST BE TAKEN SO BACTERIA IS NOT INTRODUCED. KEEPS HANDS OFF FACE, DISINFECT YOUR PHONE, USE CLEAN MAKEUP SPONGES, USE ALCOHOL TO DISINFECT DISPENSING OPENINGS ON YOUR SKIN CARE PRODUCTS.
- To achieve maximum results, ongoing treatments are recommended in addition to a home skin care regimen.

If you have any questions regarding your treatment or these instructions, please call the office during business hours at 414-210-4073. For any after-hours concerns, please call 414-422-3105. If there is an emergency, call 911.